

Haskell Indian Nations University

STUDENT NAME: _____ ID#: _____

MAJOR: _____ Recreation & Fitness Management _____

ASSOCIATE OF SCIENCE DEGREE CHECKLIST (60 credit hours total)

GENERAL EDUCATION REQUIREMENTS: (34-36 credit hours)									
	Credit Hr	Category	Course				Sem	Grade	
Communication Outcome	9 hours	Written Communication (6)	Eng 101 English 1						
			ENG 102 English 2						
		Oral Communication (3)	COMS 131 Public Speaking						
			COMS 151 Speech Communication						
Qualitative and Quantitative Thinking Outcome	11 hours	Humanities and Arts (3)*							
		Quantitative Reasoning (3)	MATH 101 College Algebra						
			MATH Liberal Arts Math						
Historical and Cultural Forces Outcome	12 hours	Historical Contemporary Indigenous issues (6)*							
		Multicultural, World or Comparative Issues (3)*							
		Human Behavior (3)*							
Wellness Outcome	2-4 hours	Orientation (1)	Vision Quest						
		Physical Activity Course Or Health Class (1-3)*							
<i>Note: Entering students who have already met GE requirements may take a higher level course in that area with the approval of their advisor and the department.</i>									
AS EMPHASIS REQUIREMENTS (24 credit hours minimum)									
Course	Number	Cr	Sem	Grade	Course	Number	Cr	Sem	Grade
Intro to Health, Sports & Exer Science	HSES 102	3			Intro to Recreation Mgmt	HSES 131	3		
Diabetes & the Nat Amer	HSES 161	3			Personal Comm Health	HSES 201	3		
First Aid	HSES 204	3			Applied Anatomy	HSES 220	3		
Intro to Sports Mrkting & Promo	HSES 245	3			Internship in Recreation & Fitness Mgmt	HSES 264	4		
ELECTIVES (2 credit hours minimum)									

- General Education requirements are the same for all degrees.
- Refer to a specific department for more information on emphasis requirements.
- An Associate of Arts Degree emphasis includes 15 to 18 hours of specialized and required coursework in one program in addition to the General Education requirements.
- An Associate of Science Degree emphasis requires a minimum of 21 hours of required coursework in one program in addition to the General Education requirements.
- It is possible to earn an AA with an undeclared emphasis provided all General Education requirements have been fulfilled and a total of 60 credits (including General Education credits) are earned.
- Associate degrees are not required for admission into baccalaureate programs.

Academic Advisor

Date

Categories to be Met Under Each Outcome	Courses Meeting these Requirements
Humanities and Arts (3hours)	<input type="checkbox"/> ART 100 Art Appreciation <input type="checkbox"/> ART 240/241 Art History <input type="checkbox"/> ENGL 210 Themes & Issues in Lit <input type="checkbox"/> MCOM 231 Intro to Mass Communication <input type="checkbox"/> MUS 137/138 Music Appreciation <input type="checkbox"/> THEAT 100 Intro to Theatre <input type="checkbox"/> THEAT 203 Intro to Dramatic Literature
Quantitative Reasoning (3 hours)	<input type="checkbox"/> MATH 102 Liberal Arts Math -or- <input type="checkbox"/> MATH 101 College Algebra <input type="checkbox"/> Higher Level Quantitative Reasoning Class: _____
Laboratory Science (5 hours)	<input type="checkbox"/> BIOL 103 General Biology <input type="checkbox"/> CHEM 101 Chemistry <input type="checkbox"/> PHYS 211 Physics <input type="checkbox"/> PSCI 100 Physical Science
Historical & Contemporary Indigenous Issues (6 hours)	<input type="checkbox"/> AIS 101 Contemporary Issues of the Native American <input type="checkbox"/> AIS 102 American Indian Issues I <input type="checkbox"/> AIS 110 History of North American Indian Tribes <input type="checkbox"/> ART 250/1 Native American Art History <input type="checkbox"/> ART 255 Tribal Art Forms <input type="checkbox"/> ENGL 212 American Indian Literature <input type="checkbox"/> HSES 161 Diabetes & the Native American <input type="checkbox"/> LANG 101/102, 110/111 Indigenous Languages <input type="checkbox"/> SW 110 Chemical Dependency & the Native American <input type="checkbox"/> THEAT 225 Dramatization of Indian Lit & Legends <input type="checkbox"/> TMGMT 101 Introduction to Tribal Management <input type="checkbox"/> TMGMT 201 Tribal/Federal Government Relations
Multicultural, World or Comparative Issues (3 hours)	<input type="checkbox"/> AIS 301 Native and Western Views of Nature <input type="checkbox"/> COMS 246 Intercultural Communication <input type="checkbox"/> GEOG 110 World Geography <input type="checkbox"/> HIST 101/102 US History <input type="checkbox"/> HIST 110/112 Western Civilization I, II <input type="checkbox"/> HIST 221/222 World Civilization I, II
Human Behavior (3 hours)	<input type="checkbox"/> BUS 251 Human Relations <input type="checkbox"/> COMS 226 Interpersonal Communication <input type="checkbox"/> COMS 256 Working in Groups and Teams <input type="checkbox"/> COMS 276 Persuasion & Social Influence <input type="checkbox"/> PSYC 101Gen Psychology <input type="checkbox"/> SOC 100 Intro to Sociology
Physical Activity or Health Course (1-3 hours)	<input type="checkbox"/> HSES 100 level activities courses (1) 101, 104, 105, 106, 107, 108 –or– <input type="checkbox"/> HSES 100 Personal Hygiene (2) <input type="checkbox"/> HSES 125 Fitness for Life (2) <input type="checkbox"/> HSES 160 Basic Nutrition (3) <input type="checkbox"/> HSES 195 Weight Management and Fitness (1) <input type="checkbox"/> HSES 201 Personal & Community Health (3) <input type="checkbox"/> HSES 204 First Aid (2)