

November

Upward Bound

Word of the month is **Determination!**

Determination is defined as a strong will to find a conclusion or resolution. How **determined** are you to find that conclusion or resolution to your questions about homework and tests. Questions concerning life and where you will end up in the next three years. **Determination** is what controls all of the hardest questions to be answered. I have always put **determination** as my key motivator for success. **Determination** is why I am here today. It is why I am a college graduate and a good father. This one word is so powerful and plays a great role in Native American Communities. **Determination** when used with **believing** and **strength** you can get much ac-

complished. We are unstoppable if we just give ourselves a chance to be great. Let's rise up together to be **determined** for our future. Your future relies on your own **determination** for success. Success is ours for the taking as long as we stay focused on our dreams and goals. Success doesn't just show up, you have to find it. What are your dreams and goals for the future? Ask your self that and meditate for a minute on how you can accomplish all that you want and deserve. Then take some initiative to be **determined** for you and your future. Take off and fly! You are the only one who keeps yourself from soaring and reaching the sky!



November 1, 2009

Special points of interest:

- *Determination and Workshop*
- *Tagged photos*
- *Staff comments and concerns*
- *Birthdays and inspirational words of wisdom*

Workshop **DECEMBER 5TH, 9:00A.M. @ Stidham Union**

LETS DO IT! Our first workshop is looking good to kickoff. I am very sorry for the cancellation of October's workshop. I am planning for this one a little better than last time. I hope everyone can make it! I need everyone there for discussions and team building activities. We are finishing our first semester of the academic year and heading into 2010. I hope to prepare each of you for the upcoming semester

and for the end of the year. All grade levels will have sessions pertaining to their expectations for the remainder of the semester and for the future. We will be touching base on issues such as the ACT, advisory board, new policies concerning the summer aspect of our program and the bridge program. We will socialize over lunch and participate in group activities. Remember we are a team here at Upward Bound. We should all

come ready to be team players and listen to grasp helpful information that will better your future as you go into your final years of high school. So please come with an open mind and good attitude. Remember we are family so respect each other as you would want to be respected. I hope everyone is still on the straight and narrow and is looking forward to our workshop. Please contact me if you need a ride to and from Haskell.



You've been tagged!

KNS IN DA HOUSE!



Homecoming Week

Kira is getting ready for the next point.



Great School Spirit TOTS! Tots won third in her regional run. Leah Also got eighth in state and broke a school record for cross country. That a girl!

Nice form Victoria!



Andreios Going for the QB!

Joe Springer III got fourth in his region. He and his team won state by a 32 point lead overall the other schools.

BACK TO BACK STATE CHAMPS!

CROSS COUNTRY



Cadue is on the move!



The KNS Football team had a rebuilding year. Next year they start playing in their own eight man conference. Stephen Cadue is not pictured.



**KYLE
RUNNING**

Look who's Grass Dancing!



Who are these ladies?
Grandma is that you?



This picture was taken at the Haskell Pow-Wow 2009



**MEGAN AND TIFFANY
DANCING FOR "TO COOL FOR
SCHOOL" A KCTV 5 school
visit!**

Doris and Marisa looking
sharp in their uniforms!





Carlene's Corner

I am sooooo glad to see everyone who is attending tutoring session at Haskell and at the Kickapoo Boys and Girls Club. Keep up the great work!

I have not had a chance to make it to all the schools yet, but I hope to by the end of the semester. Just to let you all know that I will be out of the office November 7 to 11th. I will be attending TRiO training and the MAEOPP Conference in St. Charles this next week. If you need any assistance you can contact Corey or Virginia.

I know the big question on everyone mind is "Stipends" and when will you all receive them. My hope is to get all the semester grades into the office by the end of December or first of January, so that we will be able to hand out stipends by the middle of January. Remember, to receive a stipend you have to be carrying a 2.0 GPA, if not you need to be attending tutoring. It does not have to be sponsored by our program, but if you attend tutoring with someone else, I will need to have documentation on your attendance.

Seniors have you taken your ACT test, if not get signed up to take your test in January. If you need financial assistance to pay for the ACT test let me know, Upward Bound can help you out.

Hope to see you all on December 5, for our workshop. Take care and LOL *Carlene Morris*

Corey's two sense!

Grade checks are accounted for and so are your expectations for the remainder of the semester. I hope you take your school work serious as crunch time is here and the time is ticking away. There is only six weeks left for the semester. If that is not motivation to get in gear I don't know what is! We can do this and produce great final grades. I say we because I am here

for you we have times for you to come in to get assistance. We have two new tutors. Brianna Little and Susan Sheldon. They are anxious to start. We will open up for Sunday tutoring if the need great. Here is our new tutoring schedule. I hope you take advantage and let us help.

Corey M. Hudson

Tutoring Schedule

Mondays-4-6 in office at Stidham

Tuesdays-4-7 in office at Stidham

Wed- 4-6 in office at Stidham

Thurs- KNS 1-3 and at the Kickapoo B&G Club 4-7

Thurs- 4-7 in office at Stidham

Sundays will be open upon request
In Lawrence only.

NASS- at LHS is open for tutoring
on T-W-Th from 6-8.

From Virginia's desk to you

Happy Thanksgiving!!

Try to find something to be thankful for everyday even if it is something very small. (The sun is shining or I woke up this morning.)

I am thankful for my four children and 7 ½ grandchildren.

Oh yes, I am also thankful for the ones who empty my candy dishes.



TRIO

Upward Bound Director
 Carlene Morris
 1-785-749-8476
 Cell- 1-785 -840-4263
 Email: cmorris@haskell.edu

Upward Bound
 Academic Advisor
 Corey Hudson
 1-785-830-2732
 Cell-1-785-840-4283
 chudson@haskell.edu

Administrative Assistant
 Virginia Post oak
 1-785-749-8405
 vpost oak@haskell.edu
 Toll Free:
 1-888-935-3130



Inspiration

Its not over until I until I say its over!

I am me and not a reflection of someone else.

I am what I do!

I will reach my goals and complete tasks that I start.

Success doesn't come to you. You go to it.

Success is best measured by how far you've come with the talents you've been given.

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will.

Eighty percent of success is showing up.

No one can cheat you out of ultimate success but yourself.

Opportunity dances with those who are already on the dance floor.

Judge your success by what you had to give up in order to get it.

The road to success is always under construction.

Many of life's failures are people who did not realize how close they were to success when they gave up.

Its not over until the horn blows.

Birthdays

NOVEMBER BIRTHDAYS!

Marlin "Sobie" Banks

10th

Damien " DC" Coffey

16th

Ellen Keo

17th

Brandon "Pud" Negonsott

20th

Jalen "Jay Boogie" Davis

21st

Sheldon "Tope" Johnson

22nd

Stephen "Lumper" Cadue

27th

Inspiration comes from within us and is carried out by our **determination to do great and to be proud of ourselves. I want everyone to take a challenge and be an inspiration for someone else. The older students that have peers looking up to you need to look in the mirror and see what they see. Have a moment of clarity within your self and lead by example. If you see something about you that is influencing a younger friend in a negative way, then stop and determine how you can turn yourself around. You can rise up over any obstacle, if you want to. Showing your positive spirit is leading and displays inspiration for them to succeed.**